

PROFESSIONAL DEVELOPMENT
IN A RETREAT SETTING.

“Bali Growth & Renewal”

Buddhism – Mindfulness – Hypnosis

Vision Villas Bali
29 March – 1 April 2013

A **Professional Development Retreat** over 3½ days exploring the Buddhist approach to Mindfulness and complementary practices.

This retreat introduces and explores at a professional level cognitive strategies (or tools) that can be applied in day-to-day living for use in therapeutic and non-therapeutic environments. Gain deep understandings and insights into handling life's challenges and embracing personal growth from practices grounded in history and supported by modern research. Leave with resources and tools that can be taken home for continuous improvement.

Vision Villa Bali

A boutique resort tailored to travellers and groups, who seek to retreat, reflect, revive and renew. Vision Villas creates the ideal environment for a life changing experience. A haven of tranquil seclusion: it is the perfect location for relaxation, introspection and transformation.

The retreat is for:

- **Health Professionals and Practitioners** interested in new tools and strategies for themselves and their clients
- **Other Professionals** wishing to broaden their professional development and personal learning opportunities
- **Individuals** seeking to experience the effects of such techniques and take them home for continuous self-improvement.

Note: depending on your professional background this course may qualify as a tax deductible item in line with continued professional development requirements.

Fees and Inclusions

Cost: \$1850 incl. GST, *accommodation, *meals, and massage – Spaces limited to 14 people. Save 10% Early Bird Special (pay \$1665 if booked before 1st of Feb. 2013) and an additional 10% (pay \$1480) if you bring a friend.

*Includes 4 nights accommodation, materials, all breakfasts & lunches as well as 1 final night group dinner in one of Ubud's boutique restaurants.

Deposit: \$500. Bookings are transferable, however deposit is non-refundable.

For a full course outline, more info and registration visit: www.deep-impact-retreats.com